

# UNITY NATIONAL SCHOOL

## FOR AUSTRALIA & NEW ZEALAND

### EDUCATION DIRECTOR

Ros Goldsbrough LUT  
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## Loving Greetings

Foundations of Unity is coming to a close. I have heard it's going well apart from the confusion I created around times and the number of sessions.

My apologies for those mistakes. The way I found out about the time confusion was turning up for Phyllis' first class an hour early - 9:00 p.m. NZ time instead of 10:00 p.m.

Our next Zoom class is Overview of Christian Scriptures starting in March on Tuesday evenings and again on Saturday mornings.

Rev Rhonda Murray and Licensed Unity Teacher Rachel Wotten will be facilitating this class. A great opportunity to spend time with these two fabulous women who love the Bible in what it can teach us about how to live our lives in a fuller, richer way.

Registration form attached to the email.

Yours in loving Unity,

Ros Goldsbrough

Education Director

## To Charge or Not to Charge

To charge or not to charge for classes is the question we, the Unity Leaders in this region, have been grappling with.

As you may know we are getting a website where you will be able to register for classes plus see what's coming up. Won't that be good?

Kelly Isola is tithing her time and talent, as is Julian Harvey, to help us with this. Thank you Kelly and Julian.

Now should you pay for the classes? Just to be clear at the moment we offer all classes on a love offering basis. None of your facilitators gets paid for these. Those of you who want to gain credit for the class are required to pay \$50 as a registration fee. This does not go to the facilitator. It goes into the Unity National School Account and contributes to the Director's annual honorarium and administration costs.

Now what I notice is that there are a few of you who contribute handsomely to Unity National School. What this does is enable us to reward our facilitators well. To give you some idea when we started running all SEE classes over a two year period we were only able to give our facilitators about \$300 for a whole week of teaching. For every hour of class there is about 3-4 hours of preparation.

Two years in we were able to give \$500 to each facilitator. Better but still not great. Now we are able to give around \$1000 for a class going over 5-6 weeks. I'm feeling really good about that although it's still short of compensating them adequately for the work.

What I want to emphasise here is the reason why you should give. Charles Fillmore said, "without giving the soul shrivels". I'm sure none of you want a shrivelled soul! Are you aware of what giving can do for you? I love Charles Fillmore's Prosperity Lesson called "Right Giving the Key to Abundant Receiving". You need to give, where is up to you.

Give where you receive your spiritual food. I know some of you think that because you give to your Unity centre that should cover the classes as well. That's a bit like paying the butcher

## Pay your registration fee:

for any of the SEE classes to the National Australia Bank:

BSB 085 221

Account # 159347161

If you're in New Zealand it's the ASB:

Account # 12-3125-0886400-00

## Give your donation to register the same way.

We are trialling having everyone register by donation.

If you are taking classes for credit you also need to pay the administration fee of \$50.

If any of this is onerous for you please feel free to reach out to me.

I know when I first started with Unity it felt like I had to be giving money all the time. I didn't understand the idea that giving was an important part of my soul development.

I think I had a very shrivelled soul in those days. It took me a while to up my level of giving.

I now understand what Charles Fillmore meant when he said it's not money that's the problem but the thoughts we have about money.

Notice your thoughts. Thoughts are things. Choose the good ones.

and then telling the greengrocer that you've already paid for the meal.

I think of spiritual food like filling my car with petrol. I don't



hesitate to pay the \$80 or \$90 a week or two to fill her up. Yet when it comes to a love offering for a session am I thinking \$20 does it? Hmm perhaps \$50 or even more each session would be reasonable. Isn't my spiritual food as important or more than filling my car?

It took me a few years to really get this. Charles Fillmore's lesson helped. He wrote: "The law of giving and receiving that Jesus taught, "Give, and it shall be given unto you," is found to be applicable to all our commercial as well as our social relationships."

Study that lesson if you are interested in increasing your prosperity, not just in money terms but in overall well-being. Emerson wrote that you cannot out give God. I've been trying and it's true. You can't. Try it for yourself.

So you can probably tell from this that I don't want to go down the track of charging for our classes. I love the idea that these teachings are available to all regardless of financial situation and that if/when you apply the teachings your life, including your financial well-being, improves.

The "free-will offering" plan is what built Unity. A very different model from "pay for services". It allows you to give as you wish without compulsion. I believe it is the way we all can prosper.

When we, the Unity leaders, discussed this we liked the idea put forward by Anne Hickey. She says she uses "register by donation". So what that means is that in order for you to take a class even "I just want to sit in" type participation you will need to give a donation, a koha, a "free-will love offering".

Let me know if you like that idea too. We will trial it in the upcoming classes.

On the next page is information on the next class coming up on Zoom: Overview of the Christian Scriptures: Acts to Revelation.

## Overview of Christian Scriptures

**Tuesdays evenings 6:00 p.m. Brisbane time, starting March 2nd**  
**and/or**

**Saturdays 8:30 a.m. Brisbane time starting March 6th**



**5 Sessions**

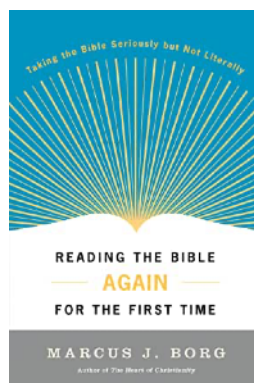
**Rev Rhonda Murray**  
**Rachel Wotten LUT**



This course explores the Gospels, letters, history (Book of Acts), and apocalyptic literature (Book of Revelation) that comprises what is more commonly known as the “New Testament” of the Judeo-Christian Bible. You will develop a basic understanding of the Christian Scriptures’ meaning for the people to whom they were written. This course is based on the premise that, whatever else the Christian Scriptures may be; they most definitely *are* the response of early Christian writers to both the person and the message of Jesus Christ. This course examines the Christian Scriptures as a testament *about* Jesus by early Christian communities.

You will need this book and a Bible (New Revised Standard Version recommended).

Borg’s “Evolution of the Word” also recommended.



**Zoom Meeting Room**  
**2485877822,**  
**class password 10**

**Registration by donation (use attached Registration Form)**  
**Credit Students also required to pay \$50 Administration Fee**

**Self-Awareness Class**  
**Five sessions**  
**Starts Tuesday April 6th 6 p.m. Melbourne time**  
**and/or**  
**Saturdays April 10th 9:30 a.m. Melbourne time**

**with**  
**Rev Anne Hickey**

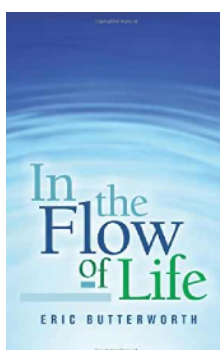
**and**  
**LUT Ros Goldsbrough**



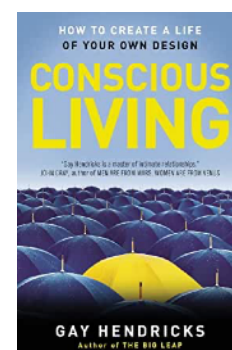
Self-awareness is necessary for a balanced and functioning life. As human beings we are more than just the physical body; we also have spiritual and soul dimensions which are equally if not more important. In this study we will explore various systems and techniques for the development of self- awareness.

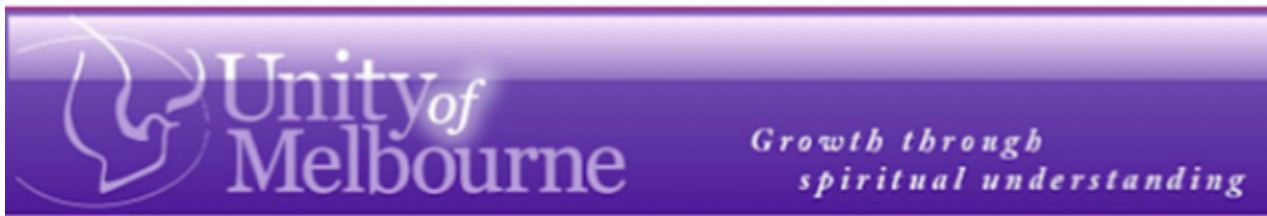
You will become more aware of

- your attitudes, beliefs and ways of being
- symptoms of stress and imbalance
- healthy responses to stress and imbalance
- how to integrate spiritual principles, maintain balance and honour the many facets of your being



**These are the Required  
 Texts**





January has come and gone and we were hoping to return to our live Sunday Gatherings.

Not so however we continue to offer our Zoom Sundays as usual, As we all know events can change at any time, so we aim to be as flexible as possible in adapting to the changes when and as soon as they occur.

We gratefully acknowledge the Spiritual Service provided by Lesley French LUT in her role as Intention Circle Co-ordinator for our Intention Requests Group. This has been a vital part of our Healing Ministry at Unity of Melbourne, and she will be surely missed in this capacity.

We welcome Jenny Louise to continue in this vital role for us.

To Lesley, till we can meet in person, many blessings and please accept these "virtual" flowers from all of us at Unity of Melbourne as you and Jim navigate the next stage of life's journey



The Five Principles Class I had planned has been postponed till later as I feel that the UNS sessions with Rev Phyllis on the "Foundations of Unity" are a great introduction to Unity at this time and it is good to see some of our members joining in.

Check our facebook page which is also on the front page of our web-site for daily inspiration. Details of our Sunday Gatherings and other current events on our weekly email.

Hear and see the Sunday talks from the last few months on our Web-site under Unity TV.

[unitymelbourne.org.au](http://unitymelbourne.org.au).

Many Blessings

Rev. William Livingston







# EmpowerLife

## Melbourne



### CONTACT US

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<https://empowerlifemelb.com>  
<https://www.facebook.com/empowerlifemelb/>

**For Events: subscribe to the monthly newsletter via the website**

*Join us with Ros Goldsbrough in APRIL for a*  
**MONTH OF SELF - AWARENESS**

*beginning April 6th*

**An opportunity to awaken to the physical, spiritual & soul self**

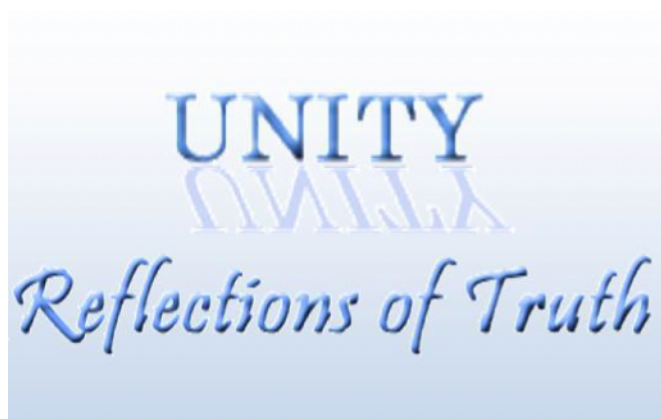
Watch.....



[https://youtu.be/W3JlvO\\_uikA](https://youtu.be/W3JlvO_uikA)

With the many changes we've experienced in the past year it's time to begin to prepare for the new good. Picturing what you wish to see in your life and in the world is a great way to start. This short video & meditation explores  
**Why Your Picturing Power is your Greatest Asset!**

Message from **Rev Phyllis Grace**: "Big thank you to all those who participated in my Class during the past weeks. As Paul Hasselbeck would say I enjoyed our 'romp' through the two books and have been very impressed with the presentations and insights you have demonstrated. I have been truly blessed to have been able to be part of the learning process as we explored the Foundational teachings of Unity. Many blessings of love and peace to you all."



Unity Reflections of Truth continue to meet at BarJai on 2<sup>nd</sup> and 4<sup>th</sup> Sundays, with Zoom available every Sunday. Our discussion sessions on the 1<sup>st</sup> Sundays are popular, particularly with the use of break-out rooms to encourage discussion in smaller groups. Our fifth Sunday Zoom workshop in January was much appreciated, with LUT Candidate Diane Barry challenging us to look at our hidden core beliefs and change any that are not for our highest good. Diane will join Rhonda on February 28<sup>th</sup> with a requested follow-up session on how to use affirmations and denials to change old beliefs.

We will be doing our usual Good Friday meditation on April 2<sup>nd</sup>, but this time totally on Zoom, following up with the Easter Sunday service on April 4<sup>th</sup> also on Zoom only. Both will be at 10:30am Brisbane time, in our usual Zoom meeting room and Sunday password.



Rev Rhonda is looking forward to sharing "Overview of the Christian Scriptures" next month with Rachel. "Our culture is so ignorant of who is who and what is what in the so-called New Testament, it is a joy to see students grasp more understanding and appreciation of these records left to us so many years ago."

**Rev Rhonda Murray**

**0416 260900**

## UNITY IN AUCKLAND

**Our Unity Office is now open**, Tuesday, Wednesday and Thursday 9 30 to 4 00pm.

If you would like to gather for prayer and meditation the opportunity to do so will continue between 11:00 and 11:30 each day the office is open.

Sunday services are being held at the Centre in Mt Albert every month.

TIME: 10.30am-11.30am, VENUE: Unity Spiritual Centre, 7 Mt Albert Rd, Mt Albert.

**For more information: Ph: Unity Office 09 846-1205 Or email:**  
**[office@unitynz.org](mailto:office@unitynz.org)**

**Or go to our Unity website: [www.unitynz.org](http://www.unitynz.org)**

**Ros Goldsbrough**, Licensed Unity Teacher, holds a gathering every 4 weeks in the yoga room at the new Lotus Eco Village Community House, 91 Ruapehu Street, Paraparaumu, Kapiti Coast. 21st February, 21st March, 18th April, 11:00 a.m. to 1:00 p.m.

All welcome. This year we will be expanding our prosperity consciousness experimenting with the proposition that as the Fillmores built a worldwide movement on spiritual principles and free-will love offerings we should be able to follow and apply their teachings and achieve equally impressive results.

Contact Ros on 021-0818-1584

[rosgoldsbrough@gmail.com](mailto:rosgoldsbrough@gmail.com)

**Note:** If you are taking classes for credit, whether online or attending class in person, you need to register with UNS for Australia & New Zealand and send your registration form to the Director by email or post:

**[rosgoldsbrough@gmail.com](mailto:rosgoldsbrough@gmail.com)** or  
316 Marine Drive, York Bay, Lower Hutt, New Zealand