



UNITY NATIONAL SCHOOL

FOR AUSTRALIA & NEW ZEALAND

EDUCATION DIRECTOR

Ros Goldsbrough LUT
316 Marine Drive, York Bay
Lower Hutt, New Zealand
+64 (0)21 0818 1584
email: unsoznz@gmail.com

Loving Greetings

"Discerning Your Purpose" class with Lesley has another couple of weeks to run and then Metaphysics 3 starts on November 10th.

Remember you can do either session: Tuesday or Saturday. Or both. There's great value in going over the same material.

I had to repeat many of my SEE classes because they expire after a number of years. I'm sure I got more out of them the second time round.

Anyway, whether you're doing the classes for credit or for your own spiritual development repetition is key.

I'm including in this newsletter our schedule for next year. I'm hoping that this will help you plan your studies.

Yours in loving Unity,
Ros Goldsbrough,
Education Director

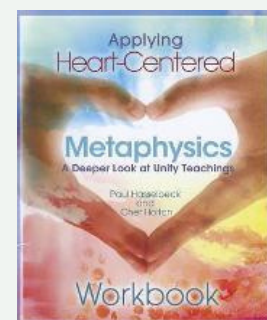
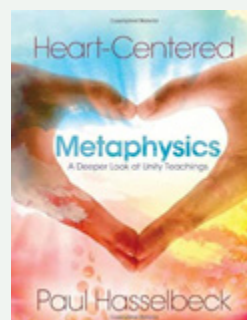
Metaphysics 3 on Zoom

Julian Harvey: Metaphysics 3

5 TUESDAYS STARTING
NOVEMBER 10TH TO
DECEMBER 8TH 7:00-9:00
P.M. QUEENSLAND TIME

AND/OR

5 SATURDAYS STARTING
NOVEMBER 14TH TO
DECEMBER 12TH 9:00-11:00
A.M. QUEENSLAND TIME



MEETING ID: 248 587 7822 PASSWORD: 20

Use attached registration form

Pay your registration fee:

for any of the SEE classes to the National Australia Bank:

BSB 085 221

Account # 159347161

If you're in New Zealand it's the ASB:

Account # 12-3125-0886400-00

Give your love offerings the same way.

All our classes are held on a love offering basis.

The love offerings are then shared with the facilitators.

It's been great knowing that 18-20 people are showing up for these classes. I'm holding the vision that we will have double those numbers in the next few months.

Here's to Unity Australia growing in numbers, but more importantly, in consciousness. Paul Hasselbeck usually starts by asking if it's a beautiful day in your consciousness. Is it? Most of the time I can say a resounding "yes" to that.

And I'm looking forward to more of you taking classes for credit with a view to becoming Licensed Unity Teachers.

Here's to loving Unity!

If you've been doing some classes with Rhonda or Julian you will know the drill - call up **zoom.us** on your browser, click on Join a Meeting and type in these numbers 248 587 7822 with the password 20.

Course Description

This course identifies basic, metaphysical tools for living. You will be encouraged to investigate, analyse and use these tools to cultivate dominion over the ego/personality and to express more of your innate Divine Potential.

Topics explored in this class are:

- The Four Functions of Consciousness
- Thoughts/Feelings
- The Word
- Denials and Affirmations
- Creation
- The Twelve Powers
- Developing the Twelve Powers

Use the attached registration form. If you are doing this class for credit it's \$50 if paid before 31 October.



Classes for 2021

FOUNDATIONS OF UNITY



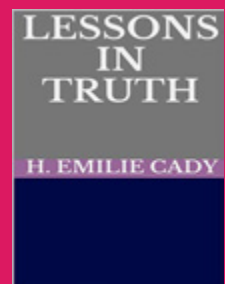
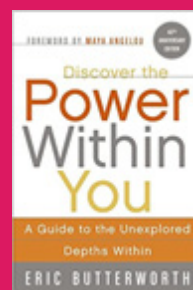
Facilitator

PHYLLIS GRACE.

week of January 19th to week of February 23rd

As the name implies this is a great class to start your studies with. But even if you've been doing some this will help cement the principles. Lots of practical "how to" suggestions. It's a six week class.

REQUIRED TEXTS



THESE CAN BOTH BE ACCESSED ON
TRUTHUNITY.NET



Rhonda Murray



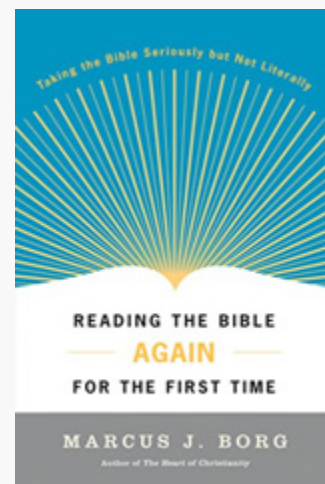
Rachel Wotten

OVERVIEW OF CHRISTIAN SCRIPTURES

TUESDAYS AND/OR SATURDAYS IN MARCH

**Tuesdays and/or Saturdays in
March 2021**

Required Text and you'll want
your Bible (NRSV
recommended):



Serious students see below:

ALSO GET HIS "EVOLUTION OF THE WORD"

This course explores the Gospels, letters, history (Book of Acts), and apocalyptic literature (Book of Revelation) that comprises what is more commonly known as the "New Testament" of the Judeo-Christian Bible. You will develop a basic understanding of the Christian Scriptures' meaning for the people to whom they were written. This course is based on the premise that, whatever else the Christian Scriptures may be; they most definitely *are* the response of early Christian writers to both the person and the message of Jesus Christ. This course examines the Christian Scriptures as a testament *about* Jesus by early Christian communities.



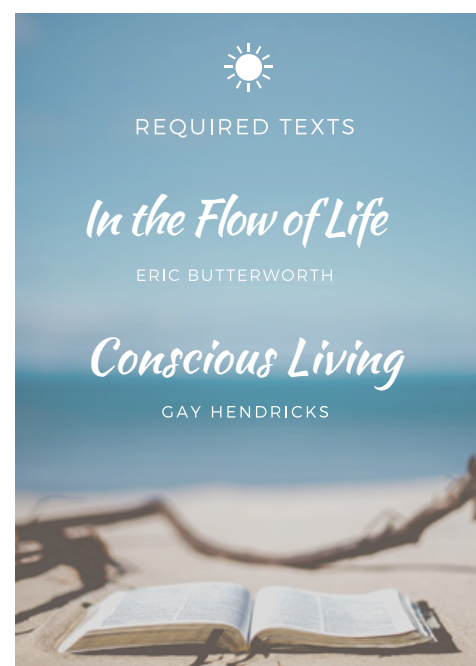
Self-awareness is necessary for optimal balance and functioning in life. To be self-aware is to realise the dimensions of self and the states of those dimensions. Human beings are more than physical body; they also have spiritual and soul (psyche) dimensions which are equally if not more important than the body.

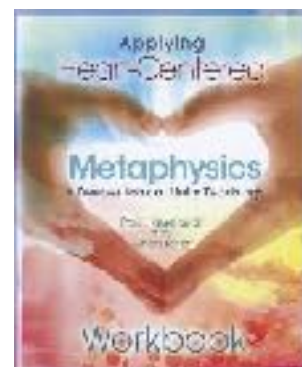
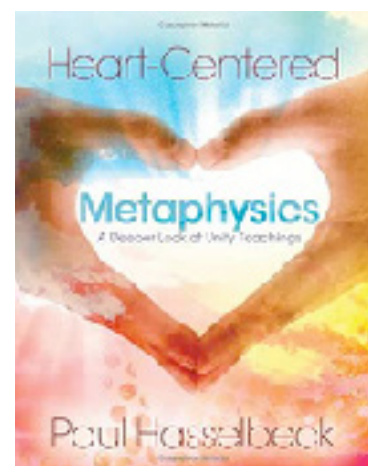
You will explore the dimensions of self by studying various systems and techniques for self-awareness. You will become more

conscious of:

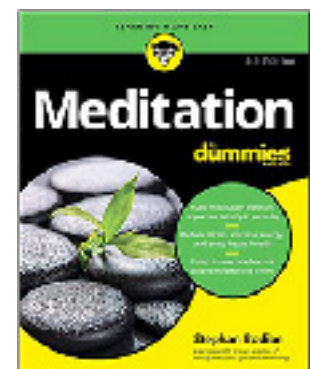
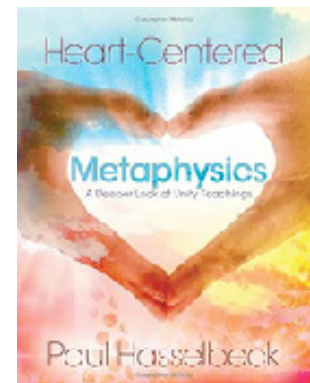
your attitudes, beliefs and ways of being;
symptoms of stress and imbalance;
healthy responses to stress and imbalance;
and

how to integrate spiritual principles to maintain balance and honour all facets of your being.





The fourth phase in metaphysical study is continuing investigation and application of the Truth you have learned in the previous metaphysical courses. This course summarises and organises metaphysical teachings to facilitate ever increasing demonstration of Truth. Through the consistent application of practical Truth principles, you will consciously transform your life and realise more of your spiritual nature and potential.



RHONDA MURRAY AND BILL LIVINGSTON

MEDITATION PRACTICES

**JUNE 15
TO JULY 13**

Extensive research on meditation practices has revealed that regular meditation has many mental and physical benefits and that there are many effective ways to meditate. This course explores the practice and the experience of various forms of meditation. Benefits of the various forms of meditation will be explored as well as methods to deal with resistance to it. There will also be helpful tips for developing a regular meditation practice. Practicing the Silence, Unity's meditation practice, is fundamental and foundational to Unity teachings. Therefore, it will be the primary meditation practice for the duration of the course.



This course is based on the books, "The I of the Storm" by Rev. Dr. Gary Simmons and "I of the Storm for Teens" by Rev. Dr. Jane Simmons. In this course, you will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help you function from your heart centre, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation process.

3-8 September

Greenmount
Resort Hotel

Gold Coast classes

Unity
National
School for
Australia &
New Zealand

<p>01</p> <p>Healing and Wholeness.</p>		<p>Myrtle Fillmore's "Healing Letters" "How to Let God Help You" Charles Fillmore "Christian Healing"</p>
<p>02</p> <p>Bible Interpretation Acts- Revelation</p>		<p>Metaphysical Bible Dictionary Revealing Word Bible "Be Ye Transformed" E. Sands Turner</p>
<p>03</p> <p>Metaphysics 1</p>		<p>Heart-Centered Metaphysics & Workbook</p>
<p>04</p> <p>The Creative Process.</p>		<p>Metaphysical Bible Dictionary Revealing Word Bible "The Mysteries of Genesis"</p>

Healing and Wholeness
with
Grace Merrick & Ros Goldsbrough

This advanced course is based in the spiritual universal principles that support the expression of healing, health and wholeness in students' minds, bodies and affairs. You will be working with the Fillmore's interpretation of healing and wholeness, as well as historical and contemporary master teachers. Such principles will be presented to support you in developing a practical understanding of Myrtle and Charles' theology as heart- centered metaphysicians.

Bible Interpretation: Acts-Revelation
with
Rhonda Murray & Rachel Wotten

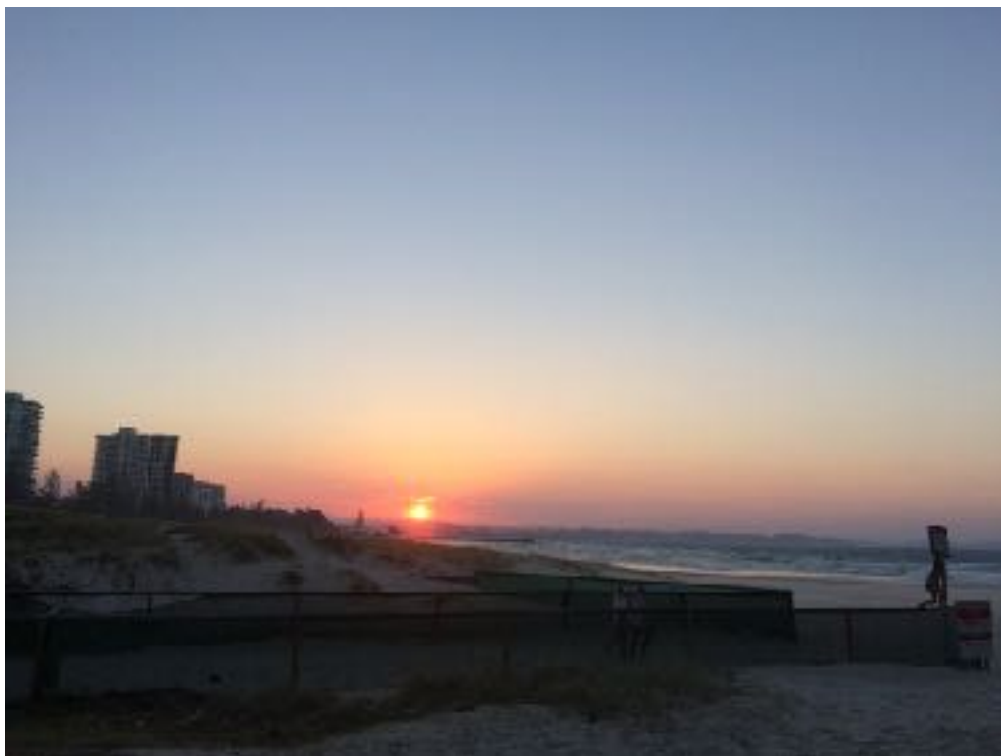
Unity's "maieutic" and metaphysical approach to interpreting scriptures aims to help the interpreter cultivate self-knowledge and make contact with the Higher Spiritual Self commonly called "Christ within" and "Christ consciousness." Discover inner spiritual meanings of Christian Scriptures (Acts through Revelation) as you continue to apply the Unity method of interpretation to "the New Testament."

**Metaphysics 1
with
Julian Harvey**

The first phase for becoming a "metaphysician-practitioner" is learning the fundamental Principles. Assimilating and practicing those Principles helps awaken awareness and understanding of spiritual Truth. This "first phase" course encourages you to enter into that awakening and understanding so that you can apply the principles in your everyday life and experience the "first fruits" of spiritual understanding.

**The Creative Process
with
Phyllis Grace**

This advanced course focuses on an allegorical understanding of the seven days of creation, as related in the Bible (Genesis 1:1 - 2:3), and the seven steps of the Creative Process.

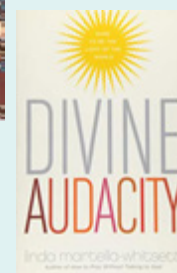
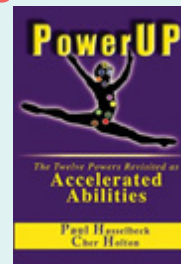


TWELVE POWERS



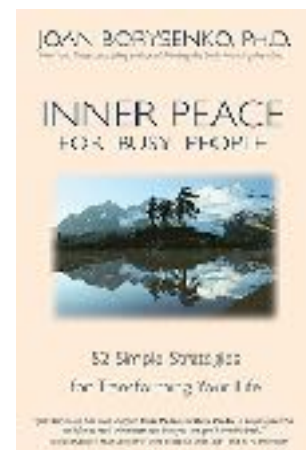
OCTOBER 5 TO NOVEMBER 9

TWELVE POWERS TEXTS



OCTOBER 5 TO NOVEMBER 9

As a result of his inner exploration and experiences, as well as his metaphysical interpretation of the Bible, Charles Fillmore developed a powerful tool for spiritual development and healing commonly known as "the twelve powers." The teaching and practice of the 12 powers includes awareness of "power centers" in the body, similar to the "chakra" system in yoga. The system connects the power centers to spiritual qualities symbolically associated with the 12 Disciples of Christ; the Christ is symbolically associated with the Spiritual or Higher Self. You will explore and experientially apply the 12 power system as a way of realizing and releasing your inner divinity.



Self-care involves making choices that reflect a consciousness of well-being. As we become aware of the care of our mind, body and spirit, we discover that when we are our best self, we make contributions to our family, our communities and our world consciously.

This course will provide guidelines and action plans for instilling practices of self-care in the areas of awareness, mindfulness, setting boundaries, letting go, forgiveness and self-love. The class will be both reflective and interactive as we build self-awareness and share what works in applying self-care practices into daily life. We will identify how to use this foundation in times of stress and chaos as well.